BIG PROBLEMS? BIGGER GOD! Part 1: Managing Life's Problems

INTRO: When and where did our problems begin? In the Garden in Genesis 3 when Adam and Eve fell and sin entered and earth was cursed (Rom. 5:12-19; 1 Cor. 15:20-22)—Problems birthed. Job wrote (and he should know), "But man is born to trouble as the sparks fly upward" (5:7) and "Man who is born of a woman is few of days and full of trouble" (14:1). Listen to Jesus, "I have said these things to you, that in me you may have peace. In the world you will have *tribulation*. But *take heart*; I have overcome the world" (John 16:33). Paul adds, in Rom. 8:35-39 etc.

OBSERVATIONS ABOUT PROBLEMS

- 1. Problems are universal in a fallen world (Jn. 16:33, Rom 8:18-25; 2 Cor. 4:16-18). They are like giants (Deut. 9:1-3). They have many names: worry, stress, ... Life doesn't always make sense nor always fair.
- 2. We often over-emotionalize and over-exaggerate our problems.
- 3. Persistent problems wear us down (2 Cor. 4:8).
- 4. When we rightly respond to problems, God uses them to make us more like Christ (Psa. 119:71; Rom. 8:28-29). The problem is less of the problem but how we respond to the problem. Attitude is critical. No problems equals no growth. Every problem is disguised as a great opportunity even a divine appointment. Illus—Helicopter God...

MYTHS ABOUT PROBLEMS

- 1. Becoming a Christian solves all our problems. Truth is becoming a follower of Christ creates problems (Matt. 5:10-12; 10:34-37). We share in His sufferings (Rom. 5:3-5; 8:17; Ph. 3:10-11; 1 Pet. 1:3-6; 4:12-13).
- 2. Every problem in life is discussed in the Bible. Most are!
- 3. Exposure to and knowledge of the Bible will cause our problems to be resolved.
- 4. Problems indicate sinfulness and immaturity. Maybe!

MANAGING OUR PROBLEMS

- 1. PRESENCE OF GOD -
 - Jehovah Shammah He is with us (Rom. 8:35-39; Heb. 13:5)
 - Examples: Joseph (8xs) (Gen. 37-50), Moses (Ex. 3:12), David (Psa. 46:1), Joshua (1:5; Deut. 31:6-8)
 - Promises: Phil. 4:13; 1 Pet. 5:7
 - He knows, He cares, He CAN! John 14:18-20; Matt. 14:22-33
 - Psalms 13, 16, 34, 42, 43, 46, 55, 121
- 2. SUPPORT OF OTHERS We need others to help us through (2 Cor. 7:5-6). Source of courage.
- 3. WISDOM OF GOD to understand what's happening and to know what to do.
 - Wisdom is the ability to view life from God's perspective.
 - Wisdom is available (James 3:13-18; Rom. 11:33; 1 Cor. 1:30). Sources:
 - Indwelling Holy Spirit (Rom. 8:14-15)
 - Living Word of God (Psa. 111:10; 119:98-100)
 - Counsel of Others (Pro. 1:5; 11:14; 12:15; 13:10, 20; 15:22; 19:20; 20:18)
 - Prayer (Jam. 1:2-5) Never told to pray for knowledge
 - Wisdom can be spurned—and we pay for it (Pro. 1:22-28, 31-32).
- 4. PATIENT PERSEVERANCE (2 Cor. 4:8-9) He will empower us, too. Growth requires problems. Progressive without problems is not possible.
- 5. PROPER PERSPECTIVE (2 Cor. 12:7-10)

CONC: Jesus came not only to die for our sins, but also to help us with our problems.